

CONNECT Retreat Registration Form
Saturday, September 25, 2021
9:00 am to 2:00 pm

2020 left many of us feeling disconnected from many aspects of life. Join us as we explore ways to RE-CONNECT...to Self, Others, Nature, and Spirit through meditation, movement, education, and creation.

During this retreat you will learn all about ways to connect using herbs & essential oils, crystals, intuitive eating, and reflexology.

This will be an outdoor retreat, please bring along the following items:

- camp chair
- bug spray
- sunscreen
- water bottle
- journal/notebook

A light morning snack and lunch will be provided. You will go home with the creations you make and a folder full of incredible information that you can refer to anytime when you need to reconnect.

Retreat Details:

Date: Saturday, September 25, 2021, 9 am to 2 pm

Retreat Location: Julie Saalsaa's residence, W3652 14th Road, Pardeeville, WI 53954

Registration fee: \$125. Register by Monday, September 20th.

Contact for questions:

Barb Kearns, Just Be: 608-444-3921; justbeetc@yahoo.com

Julie Saalsaa, Whole Choice Living: 608-333-6102; wcljulie@gmail.com

Registration Forms & Payments can be mailed to:

Just Be & WCL Connect Retreat, 311 E. Wisconsin St. Suite 202, Portage, WI 53901

Please return bottom half along with payment

CONNECT Retreat

Name(s): _____

Phone: _____

Email: _____

Please list any food allergies: _____

Number registering: _____ x \$125 = \$ _____